How can the spinal trainees of today become the spine specialists of tomorrow?

Every generation has to write its own story. Looking at the history of spinal surgery young trainees are standing on the shoulders of true giants. In many countries over all continents excellent specialist have developed and shaped the treatment of spinal disorders. Many of them through great individual experience. To connect their teacher’s experience with their daily work through understanding and modern learning techniques will enable young trainees to open new horizons.

Young trainees have to break boundaries. There are substantial differences in the process of treating patients with spinal disorders in distinct parts of the world. The common goal to help our patients is equal. That is why trainees have to connect various countries to learn from the differences.

The treatment of spinal disorders is an interdisciplinary task. Only if a young trainee can connect the different approaches to the matter one can develop as a specialist. Leading examples are the synthesis of biomechanics and surgery or the intersection of neurosurgery and orthopedic surgery.

To connect basic research to the daily treatment of our patients holds great achievements. Through study, exchange and individual research trainees will develop to specialists in state of the art treatment and research.
The amount of scientific and clinical knowledge is steadily increasing to an overwhelming volume. To liberate the true informations and transform them to the best treatment concepts for our patients is the challenging work of many. Connecting each other through collective platforms empowers young trainees to be part of and succeed in this ongoing challenge.

Eventually, the strongest connection has to be to our patients and their families. That is why young trainees have to become communication specialists. The so-called soft skills will enable every young trainee to actually apply the best treatment possible in a patient-centered setting.

Every generation has to write its own story. Dedicated young trainees of today will make theirs a success story as truly connected spine specialist.